How to reserve a time to attend the UHealth Fitness and Wellness Center

1. Login to our member portal at https://medwellness.miami.edu/ using your Cane ID or Local (non-UM members) password. (If you do not have your local password, please follow the directions at http://wellness.med.miami.edu/about-us/Membership/fusion.)

2. Once logged in, scroll down to “UHealth Facility Reservations”

3. Select the day of the week you will like to register to work out.
4. Select the time you will like the register for by hitting the “register” button highlighted in green.

5. A pop-up box will appear and you will select yourself or dependents that you will like to register. (Note: If registering more than one person, you need to repeat this process for the next individual to successfully be registered).
6. Preview the Member Code of Conduct and add your registration period to the cart.

Please review/provide following information

Member Code of Conduct

By selecting this item, I promise to observe the following:  • IF I AM NOT FEELING WELL, I WILL STAY HOME.  • IF I CANNOT USE MY RESERVED TIME SLOT FOR ANY REASON, I WILL CANCEL SO THAT ANOTHER MEMBER MAY USE IT.  • I WILL USE HAND SANITIZER AND WILL WIPE DOWN THE EQUIPMENT BEFORE AND AFTER USE.  • I WILL MAINTAIN A DISTANCE OF 10' FROM OTHER MEMBERS AT ALL TIMES.  • I WILL WEAR MY FACIAL COVERING AT ALL TIMES UNLESS SIGNAGE INDICATES THAT I MAY REMOVE IT.  • I WILL FOLLOW ALL POSTED POLICIES.

7. Review the shopping cart and check out.  (Note: If you see that you registered the incorrect member, remove member name and restart the process).

9. Your Confirmation will appear. You have successfully registered!