

# BUILDING RELATIONSHIPS

Presentation provided by: The University of Miami Employee Assistance Program



## **DURING THIS SESSION PARTICIPANTS WILL LEARN:**

- 1. Techniques used to establish respect, build trust, convey empathy and decrease reactivity.**
- 2. How to achieve more satisfying solutions when interacting with partners, family, friends, colleagues, and event those you meet casually.**
- 3. How to become a positive influence over relationships.**

**RSVP by February 18 at (305) 243-7600**

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Orlando is a graduate of the University of Miami and currently the Director of the Employee Assistance Program. A Licensed Mental Health Counselor, he has a professional background working within corporate, mental health rehabilitation and private practice workplace settings. In addition to other clinical positions, he has also served as adjunct faculty at Miami-Dade College for six and a half years. He provides consultations in English and Spanish.