

**Welcome to**



F A C E M A K E R  
S p a L o u n g e

*Our philosophy*

*The Spa at MWC's mission is to provide a sumptuously relaxing and truly enjoyable spa experience to MWC patrons and members of the UM community. The Spa will strive to create and uphold an image of comfort and tranquility, and be a place where patrons can take a break from the hectic bustle of their lives. As part of the MWC community, the Spa's main objective is to promote a "sound body-sound mind" approach to life and encourage patrons to lead healthy and balanced lifestyle by incorporating spa treatments into their wellness plans.*

**Menu**

*Sound body - Sound mind*



FACE MAKER  
Spa Lounge

### **Opening Hours**

(305)243-3223

*facemaker2appts@bellsouth.net*

*www.facemakerspa.com*

*The Spa at FaceMaker is open from  
Monday to Friday 11AM-6:00 PM*

*Extended hours coming soon*

### **Reservations**

Please call (305)243-3223

For online booking email us at *facemaker2appts@bellsouth.net*

*Spa packages require a credit card to be left on file.*

### **Cancellation Policy**

*We require a minimum of 4 hrs notice to reschedule or cancel a single appointment. Multi-service or multiple appointments and all packages require a full 24 hrs notice to cancel or change in any way. All appointments are guaranteed with a credit card. If you fail to call or show, your credit card will be charged 100% of the services booked.*

### **Payment**

*We accept major credit cards*

*Visa, Master Card, American Express, and Debit Card*

### **Arrival**

*Please arrive 10 minutes prior to appointment time so that we may acquaint you with our facility. Late arrivals will result in a shortened treatment time. As a courtesy to all our guests, all treatments will end at the scheduled time.*

### **Attire**

*For spa treatments robes and slippers will be provided for facial and massage treatments only. As we cannot be responsible for lost or stolen items, please avoid bringing valuables to the spa.*

### **Cell Phone**

*Our mission is to provide an environment where silence and soft conversation reign.*

*Please be sure to turn off your cell phone so that your relaxation, and that of others, is not disturbed.*

### **Gift Cards**

*We offer great packages, special series and "a la carte" items.*

### **Health Concern**

*Please inform us of any medical condition you may have, as well as any medications you are taking, by filling out our guest card, prior to your services.*

### **Gratuities**

*Gratuity is appreciated and of course is discretionary. We apologize for the inconvenience, but we are unable to add them to your credit cards.*

*\*University of Miami employees are entitled to a 10% discount on all Facemaker services at the Medical Wellness Center (no Wellness Center membership required).*

*Kindly present University photo ID. All Medical Wellness Center members will also receive a 10% discount.*

## Hands and Feet

### White Chocolate Manicure and Pedicure (Combo Only)

*Client's hands and feet are bathed in cleansing milk cuticles are exfoliated and moisturized with White Chocolate shavings. After a manicure/pedicure is performed, the client's hands are massaged with White Chocolate and Macadamia Nut Oil. Each client receives a delicious piece of White Chocolate to end this tasty indulgence.*

**\$85 1hr 20 min**

### Scentual Spa Aqua Leaves

*Soothes and softens the skin as it replenishes nutrients and moisturizes your hands and feet.*

**Manicure \$19**

**Pedicure \$35**

#### Milk and Honey

*Milk contains lactic acid a natural skin smoother; Honey is a natural moisture humectant*

#### Papaya and Green-tea

*Papaya revitalizes the skin with a natural enzyme papain Green-Tea is a natural antioxidant*

#### Tuscan Citrus & herb

*Bergamot naturally soothes and refreshes the skin Clary sage relaxes tired muscles*

#### Yummie Manicure w/exclusive Yummie products

Treat your hands to the deliciously sweet aroma of vanilla, grapefruit and orange. This superb manicure uses a blended crème with sugar cane extract, mango and shea nut butter; leaves your hands silky smooth and twinkling with subtle glow.

**\$17 manicure**

#### Yummie Pedicure w/exclusive Yummie products

Treat your feet to the deliciously sweet aroma of vanilla, grapefruit and orange. This superb pedicure uses a blended crème with sugar cane extract, mango and shea nut butter; leaves your skin silky smooth and twinkling with a subtle glow.

**\$33 pedicure**

### French manicure & pedicure... +\$5

#### Additional Service

Paraffin hand \$10

Paraffin feet \$20

#### Pedicure

#### Feet Mud Mask \$45

*Moisturizes and renews skin with ultra-hydrating Shea Butter extract, OPI's Avocado Lipid Complex and anti-oxidant Vitamin C. Essences of cucumber and green tea and cooling menthol soothe.*

#### Wax

Eyebrow

**\$15**

Lip

**\$10**

Chin

**\$15+**

Back

**\$40**

Full Leg

**\$55 +**

Half Leg and Bikini

**\$50+**

Full Leg and Bikini

**\$65+**

Underarms

**\$20+**

Bikini

**\$25+**

Brazilian

**\$30+**

Full Brazilian

**\$35+**

Half Leg

**\$30+**

**Eyelash tinting \$25**

**Eyebrow tinting \$15**

## Massage Services

### Deep Tissue Massage

#### *Signature Massage*

*Stronger pressure is used with this sophisticated massage along with elbows and forearms to achieve a truly effective deep tissue massage. Ideal for guests experienced in massage or after a vigorous exercise session.*

**\$50 30mn \$60 45mn \$85 60mn**

### Swedish Massage

*A classic therapy created by Henri Peter Long of Sweden in the 1700s, this well known massage treatment utilizes five specific movements- long strokes, kneading, friction, tapping and vibration- to detoxify the body, ease sore muscles, relieve tension and improve circulation.*

**\$45 30mn \$50 45mn \$75 60mn**

### Sports Massage

*Massage, applied skillfully, is the most effective therapy for releasing muscle tension and restoring balance to the musculo-skeletal system. Received regularly this may help athletes prevent injuries, which might otherwise be caused by overuse. A constant build-up of tension in the muscles from regular activity may lead to stresses on joints, ligaments, tendons, as well as the muscles themselves.*

**\$45 30mn**

### Aromatherapy

*A therapeutic holistic treatment using blends of essential oils, which appeal to the senses and whose aromatic appeal is a personal response to each individual's needs. Deeply relaxing and calming, or uplifting and mind clearing, the benefits of this treatment are appropriate for all.*

**\$45 30mn \$55 45mn \$80 60mn**

### Prenatal Massage

*This total body treatment has been carefully designed for pregnant and nursing mothers to aid in relaxation and tonicity of the skin during this very special time. A Calendula infused oil and various muds are used to nourish and condition the skin, which is combined with advanced massage techniques to safe areas. It leaves the skin toned as well as body and mind completely relaxed.*

**\$85 50mn**

### Reflexology of the Hands and Feet

*Reflexology is a focused pressure technique, usually directed at the feet or hands. It is based on the premise that there are zones and reflexes on different parts of the body, which correspond to and are relative to all parts, glands and organs.*

**\$75 60mn**

### Reflexology of the feet

*The very concept of reflexology lies healing the whole body of the person by working his feet. The most common application of reflexology is to restore the natural equilibrium of the body. When the reflexes are stimulated, the body's natural electrical energy works along the nervous system to clear any blockages in the corresponding zones*

**\$50 30mn**

### Hot Stone Massage

*A fusion of massage techniques involving the use of heated basalt stones. Stone therapy is a Native American Indian practice used since ancient times as a healing therapy. The use of the stones aids the therapist to work deeper, giving relief to deep-seated muscle tension. Stones are known generators of energy, creating a sense of balance and calm.*

**\$95 60mn \$125 90mn**

## Face Care

### **FACEMAKER Signature Facial**

*Experience the ultimate facial treatment including steam, deep-pore cleansing with extractions and a soothing mask to rejuvenate your face*

**\$75 50mn**

### **Executive Power Fix *NEW!!***

*This facial is specifically designed for the needs of men's skin, which is challenged by daily shaving and structural differences rebuild, nourish and condition your skin's health and integrity. Your face will look relaxed and skin will feel fed, fit and strong. Combination of a cleansing deep pore facial, and a Microdermabrasion*

**\$85 50mn**

### **Vitamin C Facial**

*Great for sensitive and sun-damaged skin! This treatment cleanses and exfoliates using concentrated Vitamin C to increase elasticity, minimizes fine lines, and restore the skin to a vibrant glow, recommended for sun Lovers*

**\$85 50mn**

### **Back Facial**

*Radiant skin on the back and shoulders is an absolute necessity for those momentous evenings out. Our back facial involves a deep pore cleansing and steam to lift impurities, followed by gentle extraction, a relaxing massage and a specialized treatment mask.*

*Exfoliates, hydrates and tones the skin in this hard to reach area. Remove impurities, rebalances the skin and restores elasticity*

**\$65 45mn**

### **Express Facial**

*Busy schedules can wreak havoc on the facial skin. Recharge with our gentle pore cleansing, steam to lift impurities, and a specialized treatment mask. Relax as we massage the shoulders, arms & hands. Walk out with healthy, luminous skin.*

**\$50 45mn**

### **Microdermabrasion Treatment**

*Ideal for any skin type, benefits from Microdermabrasion included reduction of imperfection due to scarring, discoloration, sun damage, age spots, fine lines, wrinkles and large pores*

**Face and Neck \$75 30mn**

**Facial + Microdermabrasion \$125**

### **Facial Packages**

**\*Series of 3** facial + microdermabrasion.

*Receive a complimentary manicure with purchase.*

**\$375**

**\*Series of 6** facial + microdermabrasion

*Receive a complimentary hands and feet reflexology massage with purchase*

**\$750.**

**Additional Facial services** (ask your esthetician for full description)

Lymphatic Drainage	\$35	Enzyme exfoliation	\$30	Back Microdermabrasion	\$65
Décolleté exfoliation	\$35	Hydration Treatment	\$30		

## Body Treatments

*Body Treatments are the answer to tired, overworked and weary bodies. Like our faces, our bodies need extra special care and treatment.*

**Full Body Spray Mist for Hydration \$85**

*This body treatment is perfect for dry, Dehydrated or sunburned skin.*

**Detoxifying Body Treatment \$85**

*Helps to eliminate impurities from the body*